

# 西式扒餐 WESTERN STEAK SET

After 11:00am 後供應



**A. 珍寶雞扒配薯角** \$115  
(豬扒, 牛扒, 雞中翼, 火腿扒, 腸仔, 燒肉)  
(Pork Chop, Steak, Chicken Wing, Ham Steak, Sausage, Bacon)



**B. 巨人西冷牛扒(8安士)配薯角** \$115  
Giant's Sirloin Steak (8oz) w/ Potato Wedges



**C. 洋蔥汁豬扒拼雞中翼 (2隻) 配薯角** \$85  
Pork Chop & Chicken Wing (2pcs) in Onion Sauce w/ Potato Wedges



**D. 燒汁雞扒拼火腿扒配薯角** \$85  
Chicken Steak & Ham Steak in BBQ Sauce w/ Fried Potato Wedges

**加配** +\$8 蛋炒飯 / 茄汁意粉  
Add more +\$8 Egg Fried Rice / Spaghetti w/ Tomato Sauce

**可選配:** 黑椒汁 / 燒汁 / 蒜茸汁 / 洋蔥汁  
Select 1: Black Pepper Sauce / BBQ Sauce / Garlic Sauce / Onion Sauce

**奉送** 羅宋湯及法國牛角餅 Russian Soup & Croissant  
銀龍奶茶或柚子蜜 (轉凍飲或紅豆冰另+\$3 / 冷熱特飲另+\$6)  
Hong Kong Style Milk Tea or Korean Citron Honey  
(Change to Cold Drink or Iced Red Beans Drink +\$3 / Hot or Cold Specialty Drink +\$6)

# 中式小菜 CHINESE DISHES

After 11:00am 後供應



蒜茸豉汁蒸鱸魚



西蘭花油泡大蝦花枝片



惠州梅菜扣肉煲



川味口水雞



菠蘿京都肉排

1. 菠蘿京都肉排 Peking Pork Chop w/ Pineapple \$70
2. 四季豆椒鹽肉排 Stir-Fry Green Beans w/ Salted Pepper Pork Chops \$70
3. 魚香茄子肉鬆煲 Minced Pork w/ Eggplant in Tangy Sauce in Pot \$70
4. 時菜豆腐炆火腩 Braised Pork Belly w/ Bean Curd & Vegetable \$70
5. 枝竹炆炸魚塊 Braised Fish Fillets w/ Bean Curd Sticks \$70
6. 銀魚仔鹹魚蒸肉餅 Steamed Pork Patty w/ Silver Bait Salted Fish \$70
7. 蜜桃黑醋骨 Balsamic Vinegar Pork Chop With Peach \$70
8. 椒鹽豆腐腰果炸雞丁 Deep Fried Tofu, Cashew & Chicken Cubes in Salt & Pepper \$70
9. 菠蘿咕嚕肉 Sweet and Sour Pork w/ Pineapple \$72
10. 麻辣水煮鯛魚片煲 Poached Snapper Slices w/ Spicy & Hot Chili Oil in Pot \$72
11. 麻辣水煮牛肉煲 Poached Beef Slices w/ Spicy & Hot Chili Oil in Pot \$74
12. 上湯菜肉雲吞雞煲 Chicken & Vegetable Dumplings Soup in Pot \$74
13. 惠州梅菜扣肉煲 Braised Pork Belly w/ Preserved Vegetable in Pot \$74



上湯菜肉雲吞雞煲



銀魚仔鹹魚蒸肉餅

14. 粟米滑蛋炸魚塊 Deep Fried Fish Fillet in Sweet Corn & Scrambled Egg Sauce \$76
15. 啫啫豬腩滑雞煲 Chicken & Pig Liver in Pot \$74
16. 招牌沙薑雞 Chicken Served with Ginger Spice Sauce \$78
17. 川味口水雞 Sichuan Spicy Saliva Chicken \$78
18. 蒜茸豉汁蒸鱸魚 Steamed Croaker Fish w/ Garlic & Black Bean Sauce \$80
19. 涼瓜枝竹炆鱸魚 Braised Croaker Fish w/ Bitter Melon \$80
20. 韭黃大蝦仁炒滑蛋 Stir-Fried King Prawn w/ Scrambled Egg & Yellow Chives \$82
21. 西蘭花油泡大蝦仁花枝片 Stir-Fried Sliced Squid & King Prawn w/ Broccoli \$82
22. 蒜茸炒菜心 Stir-Fried Choy Sum w/ Minced Garlic \$56
23. 椒絲腐乳炒通菜 (時令) Stir-Fried Water Convulvulus in Spicy Preserved Bean Curd Sauce \$56
24. 薑汁蒜茸炒芥蘭 (時令) Stir-Fried Kale w/ Minced Garlic in Ginger Sauce \$56
25. 上湯蝦乾浸時菜 Vegetables with Broth and Dried Shrimp \$56

**轉套餐優惠:**

**+\$26 滋補燉湯**  
絲苗白飯及熱飲(凍飲另+\$3)  
Steamed Rice, Stewed Soup & Hot Drink  
(Change to Cold Drink +\$3)

**明火例湯**

**+\$12 絲苗白飯及熱飲(凍飲另+\$3)**  
Steamed Rice, Daily Soup & Hot Drink  
(Change to Cold Drink +\$3)



滋補燉湯

椒鹽豆腐腰果炸雞丁

# 中西美食 CHINESE & INTERNATIONAL

After 11:00am 後供應



大蝦仁揚州炒飯



乾炒牛河



椒鹽肉排飯



鼓椒排骨飯



福建炒飯

## 鑊氣炒粉麵飯 Fried Noodle and Rice

1. 大蝦仁揚州炒飯 Yangzhou Fried Rice w/ King Prawn \$66
2. 鹹魚雞粒炒飯 Fried Rice w/ Diced Chicken & Salted Fish \$62
3. 菜粒蛋白炒飯 Fried Rice with Vegetables & Egg White \$62
4. XO醬櫻花蝦炒飯 Fried Rice w/ Sakura Shrimp in XO Sauce \$68
5. 菜遠牛肉炒河粉 Stir-Fried Beef & Vegetable w/ Flat Rice Noodle \$66
6. 乾炒牛河 Stir-Fried Flat Rice Noodle w/ Beef \$66
7. 肉絲炒麵 Stir-Fried Egg Noodle w/ Vegetables & Shredded Pork \$66
8. 大蝦仁星洲炒米 Singapore Fried Vermicelli w/ King Prawn \$70
9. 乾炒豬扒意粉 Stir-Fried Spaghetti w/ Pork Chop \$66
10. 羅漢齋炒麵 Stir-Fried Noodle in Lo-Hon Style \$66
11. 日式海鮮炒烏冬 Seafood Fried Udon in Japanese Style \$68
12. 時菜雞燴炒河 Combination w/ Vegetables & Fried Flat Rice Noodle \$68

飲品優惠: +\$8 配熱飲 Hot Drink / +\$11 配凍飲 Cold Drink  
Drink Offer +\$14 配冷熱特飲 Hot or Cold Specialty Drink



柱侯牛腩 (客飯) \$68  
Beef Brisket with Rice

可轉配: 湯河 / 湯米 / 湯麵  
Change to: Flat Rice Noodle/ Vermicelli / Noodle



## 秘製咖喱 Hot & Spice Curry

1. 咖喱滑雞飯 Chicken Curry Rice \$66
2. 咖喱牛肉飯 Beef Curry Rice \$66
3. 咖喱吉列魚柳飯 Fish Fillet Cutlet Curry Rice \$68
4. 咖喱吉列豬扒飯 Pork Chop Cutlet Curry Rice \$68
5. 咖喱豬扒飯 Pork Chop Curry Rice \$68
6. 咖喱牛腩飯 Beef Brisket Curry Rice \$70

咖喱牛腩



鮮茄焗豬扒飯

## 西式推介 Western Cuisine

1. 鮮茄焗豬扒飯 Baked Pork Chop in Tomato Sauce w/ Rice \$70
2. 芝士焗肉醬意粉 (牛肉) Baked Cheese Spaghetti Bolognese (Beef) \$70
3. 洋蔥豬扒意粉 Pork Chop & Onion w/ Spaghetti \$64
4. 黑椒牛扒意粉 Steak in Black Pepper Sauce w/ Spaghetti \$70
5. 黑椒雞扒飯 Assorted Steak in Black Pepper Sauce w/ Rice \$76

有營優惠 EatSmart Promotion 3少之選 3 Less (Less Oil, Salt and Sugar) 製作需時, 請等候約20分鐘 Please wait for about 20 minutes 圖片只供參考 Photos are for reference only

飲品優惠: +\$8 配熱飲 Hot Drink / +\$11 配凍飲 Cold Drink  
Drink Offer +\$14 配冷熱特飲 Hot or Cold Specialty Drink



# 銀龍茶餐廳 元朗店

元朗凹頭朗善邨朗善商場地下3號舖  
☎ 2679 3918 / 2679 3919

6464 1799 (不設落單)  
WhatsApp 只供查詢午市快餐及晚市推介  
FAX 2679 3003  
外賣自取 9折 foodpanda



營業時間 7:00am-10:00pm | 外送服務截單時間 9:30pm  
歡迎預早致電外賣自取柯打 | 此外賣單張價目只供外賣專用  
減少浪費! 唔該少飯!  
每個套餐外賣餐具需另加\$3; 每個外賣碗/盒需收取\$2  
外送最低消費 (星期六、日及公眾假期另收加一服務費)

朗善邨 \$35 明鋒車行 \$100  
東成里 \$150 楊屋村 \$200  
博愛醫院 \$300  
\*楊屋村及博愛醫院 可豁免加一服務費

所有圖片只供參考, 一切以實物為準。  
外賣注意事項:  
1. 壹仟及五百圓紙幣, 恕不接受。  
2. 外賣收款找購請當面點清。  
3. 價錢如有更改, 恕不另行通知。  
如有任何疑問, 請即與本店查詢。  
「如你不欲收取通函郵件, 請在信箱貼上『不收取通函』標貼。標貼可於全線郵政局、各區民政事務處的民政諮詢中心、公共屋邨辦事處和個別私人屋苑的管理處免費索取。請注意, 『不收取通函』標貼機制並不適用于政府及相關機構/立法會議員、區議員、選舉候選人及根據《稅務條例》第88條合資格獲豁免繳稅的慈善機構所投寄的通函郵件。」



# 早餐

供應時間 6:30-11:00am

# BREAKFAST

# 早餐

供應時間 6:30-11:00am

# BREAKFAST

# 潮式粉麵

All day supplied 全日供應

# CHIU CHOW STYLE NOODLE

# 下午茶

# TEA TIME

2:00-6:30pm 供應

# 常餐

Daily Set

## A. 沙嗲牛肉公仔麵 / 淮山麵 \$50

配火腿奄列及法國牛角酥  
Satay Beef Instant Noodle or Huaishan Noodle w/ Ham Omelet & Croissant

另+\$6 轉出前一丁/辛泡麵  
+\$6 Change to Nissin Instant Noodle / Noodle in Korean style

## B. 韓風辛泡麵 \$50

(豬柳漢堡, 蟹棒, 鮑汁片, 煙肉, 煎蛋)  
Noodle in Korean Style  
(Pork Sausage Patty, Crab Sticks, Imitation Abalone Slices, Bacon & Fried Egg)

## C. 蟹棒鮮茄濃湯稻庭麵 / 淮山麵 \$55

配吉列豬扒  
Crab Sticks & Inaniwa Udon or Huaishan Noodle in Tomato Soup w/ Pork Chop Cutlet

# 特式推介

After 11:00am 後供應

# HIGHLY RECOMMENDED

## 雲南酸辣米線

Spicy Rice Noodle in Yunnan Style

1. 酸辣雪菜雞中翼、菜肉雲吞米線 \$56

Rice Noodle w/ Chicken Wings, Vegetable Dumplings & Spicy Potherb Mustard

2. 酸辣雪菜香煎豬扒、菜肉雲吞米線 \$56

Rice Noodle w/ Pork Chop, Vegetable Dumplings & Spicy Potherb Mustard

可選配: 大/中/小/走辣 Hot / Medium / Mild / no Spicy

## 小鍋米線系列

Rice Noodle in Pot

1. 秘製酸菜鯛魚片小鍋米線 \$58

Rice Noodle in Pot (Snapper Slices w/ Sour Pickled Vegetable)

2. 麻辣水煮鯛魚片小鍋米線 \$58

Rice Noodle in Pot (Spicy and Hot Boiled Snapper Slices)

3. 麻辣水煮牛肉小鍋米線 \$58

Rice Noodle in Pot (Spicy and Hot Boiled Snapper Slices)

## 鮮茄濃湯稻庭麵

Inaniwa Udon in Tomato Soup

1. 鮮茄濃湯稻庭麵 \$46

Inaniwa Udon in Tomato Soup

2. 鮮茄濃湯肥牛稻庭麵 \$50

Fatty Beef w/ Inaniwa Udon in Tomato Soup

飲品優惠: +\$8 配熱飲 Hot Drink / +\$11 配凍飲 Cold Drink

Drink Offer +\$14 配冷熱特飲 Hot or Cold Specialty Drink

## 冷熱飲品

Cold / Hot Drinks

熱 Hot \$20

凍 Cold \$23

銀龍奶茶

Hong Kong Style Milk Tea

香濃咖啡

House Special Coffee

金牌鴛鴦

Coffee w/ Tea

檸檬茶

Lemon Tea

檸檬水

Lemon Water

阿華田

Ovaltine

好立克

Horlick

## 特飲

Specialty Drinks

檸檬蜜

Lemon Honey

檸檬利賓納

Lemon Ribena

檸檬可樂

Lemon Coke

鮮奶

Fresh Milk

奶茶紅豆冰

Iced Milk Tea Red Beans Drink

咖啡紅豆冰

Iced Coffee Red Beans Drink

龍鳳檸檬

Lemon and Salted Lemon Coke

## 歐陸推介

Continental Cuisine

供應時間 07:00-12:00 / 14:00-18:00

B1. 豬柳漢堡・煙肉・法蘭克福腸・煎蛋 \$48

Pork Sausage Patty, Bacon, Frankfurter & Fried Egg

B2. 吉列魚柳・煙肉・煎蛋 \$48

Fish Fillet Cutlet, Bacon & Fried Egg

B3. 香煎豬扒・腸仔・煎蛋 \$48

Fried Pork Chop, Sausage & Fried Egg

B4. 煎薄牛扒・腸仔・煎蛋 \$52

Fried Beef Steak, Sausage & Fried Egg

B1-B4 可配:

迷你火腿通粉/迷你雪菜肉絲米粉/迷你榨菜稻庭烏冬/迷你牛奶桂格燕麥

B1-B4: Set with Ham Macaroni (Small) / Shredded Pork & Potherb Mustard Vermicelli (Small) / Mustard Inaniwa Udon (Small) / Quaker Oatmeal (Small)

## 自選早餐

Noodle Combo Set

自選 Below any choice

單拼 \$35 | 雙拼 \$40 | 三拼 \$45

香煎豬扒 \$40 | 雙拼 \$45 | 三拼 \$50

Fried Pork Chop

煎蛋 / 火腿 / 煙肉 / 腸仔 / 午餐肉 / 鮑汁片 / 沙嗲牛肉 / 雪菜肉絲 / 榨菜肉絲 / 香辣雞丁

Fried Egg / Ham / Bacon / Sausage / Luncheon Meat / Imitation Abalone Slices / Satay Beef / Shredded Pork & Potherb Mustard / Pickled Mustard Greens with Pork / Spiced Chicken Cubes

可選配: 公仔麵 / 米粉 / 通粉

Same price will be applied to Instant Noodle / Vermicelli / Macaroni

另+\$6 轉配出前一丁 / 烏冬 / 辛泡麵

+\$6 Change to Nissin Instant Noodle / Udon / Noodle in Korean style

追加 Add more

+\$6 法國牛角酥 Croissant

+\$10 火腿炒蛋 Ham & Scrambled Egg

+\$10 腸仔煎蛋 Sausage & Fried Egg

+\$10 牛油厚多士 Thick Toast w/ Butter

+\$10 煎雙蛋 Double Fried Eggs

奉送: 銀龍奶茶 / 菜蜜 / 柚子蜜 (轉凍飲另+\$3)

Set with: Hong Kong Style Milk Tea / Water-cress Honey / Korean Citron Honey (Change to Cold Drink +\$3)

## 醒晨早餐

Breakfast Set

A1. 厚切火腿通粉配西煎雙蛋及法國牛角酥 \$39

Ham Macaroni in Soup + Double Fried Eggs & Croissant

A2. 香辣雞丁・餐肉・煎蛋・公仔麵 \$41

Spiced Chicken Cubes, Luncheon Meat & Fried Egg w/ Instant Noodle

A3. 鮮茄濃湯牛肉通粉 配火腿炒蛋牛角酥 \$42

Beef in Tomato Soup + Ham & Scrambled Egg, Croissant

A4. 鮮油菠蘿包配迷你火腿通粉 \$39

Pineapple Bun w/ Fresh Butter + Ham Macaroni in Soup (Small)

A5. 沙嗲牛肉麵配香滑炒蛋及法國牛角酥 \$42

Satay Beef Instant Noodle + Scrambled Egg & Croissant

A6. 牛奶桂格燕麥配火腿三文治 \$39

Quaker Oatmeal w/ Milk + Ham Sandwich

A7. 潮州魚皮餃拼招牌魚片河粉/麵/米粉 \$41

Fish Dumplings & Sliced Fish Fillets w/ Flat Rice Noodle / Noodle / Vermicelli

A8. 香茅扎肉拼菜肉雲吞河粉 \$41

Sliced Gio Lua & Vegetable Dumplings w/ Flat Rice Noodle / Noodle / Vermicelli

A9. 普寧豬肉丸拼黃金魚角河粉/麵/米粉 \$41

Pork Balls & Sliced Fish Cakes w/ Flat Rice Noodle / Noodle / Vermicelli

## 包餐

Bun Set

自家製菠蘿包 / 甜餐包 \$30

Homemade Pineapple Bun / Sweet Bun

鮮油菠蘿包 / 鮮油甜餐包 \$34

Pineapple Bun w/ Fresh Butter / Sweet Bun w/ Fresh Butter

香脆奶油豬仔包 \$34

Crispy Bun w/ Condensed Milk & Butter

火腿炒蛋三文治 (另加+\$2自選雙拼) \$35

Ham & Scrambled Egg Sandwich \*Choose 2 items +\$2

(鹹牛肉 / 火腿 / 餐肉 / 炒蛋 / 芝士)

+\$10 迷你雪菜肉絲米粉

Shredded Pork & Potherb Mustard Vermicelli (Small)

+\$12 迷你榨菜稻庭烏冬

Mustard Inaniwa Udon (Small)

奉送: 銀龍奶茶 / 菜蜜 / 柚子蜜 (轉凍飲另+\$3)

Set with: Hong Kong Style Milk Tea / Water-cress Honey / Korean Citron Honey (Change to Cold Drink +\$3)

正價 Price

早餐 Breakfast

下午茶 Tea

銀龍魚蛋河 \$41 \$44 \$46

Homemade Fish Balls w/ Flat Rice Noodle

柱侯牛腩麵 \$41 \$44 \$46

Beef Brisket w/ Noodle

潮式四寶河 \$41 \$44 \$46

(魚蛋, 墨丸, 魚皮餃, 豬肉丸)

黃金魚角河 \$38 \$41 \$43

Sliced Fish Cakes w/ Flat Rice Noodle

彈牙墨丸米粉 \$41 \$44 \$46

Cuttlefish Balls w/ Vermicelli

鮮蝦雲吞麵 \$41 \$44 \$46

Wontons w/ Noodle

菜肉雲吞米線 \$38 \$41 \$43

Vegetable Dumplings w/ Rice Noodle

潮州魚皮餃淮山麵 \$38 \$41 \$43

Fish Dumplings w/ Huaishan Noodle

汕頭牛丸河 \$38 \$41 \$43

Beef Balls w/ Flat Rice Noodle

香茅扎肉淮山麵 \$38 \$41 \$43

Sliced Gio Lua w/ Huaishan Noodle

普寧豬肉丸米粉 \$38 \$41 \$43

Pork Balls w/ Vermicelli

京都炸醬麵 \$38 \$41 \$43

Spicy Pork Stirred Noodle

可選配: 米粉 / 米線 / 幼麵 / 河粉 / 淮山麵 / 撈麵另加 \$8

Same price will be applied to: Vermicelli / Rice Noodle / Flat Rice Noodle / Huaishan Noodle

加配: +\$5 雙拼 (款式有限不另收費) +\$6 自家秘製酸辣湯 +\$6 菜蜜

Choose 2 assortments (Chiu Chow Four Treasures excluded) Homemade Spicy Potherb Mustard Beeswax

雙拼以較高價錢為準 For price of 2 assortments, whichever is higher

飲品優惠: +\$8 配熱飲 Hot Drink / +\$11 配凍飲 Cold Drink

Drink Offer +\$14 配冷熱特飲 Hot or Cold Specialty Drink

早餐及下午茶時段 奉送熱飲 (凍飲另加 \$3)

Set with: Hong Kong Style Milk Tea or Korean Citron Honey (Change to Cold Drink or Iced Red Beans Drink +\$3 / Hot or Cold Specialty Drink +\$6)

1. 雙拼厚多士 (牛油 / 煉奶 / 花生醬) \$30

Thick Toast w/ any two choices (Butter / Condensed Milk / Peanut Butter)

2. 香脆奶油豬仔包 \$35

Crispy Bun w/ Condensed Milk & Butter

3. 雙拼三文治 (烘底另+\$2 Toasted) \$35

(鹹牛肉 / 火腿 / 餐肉 / 炒蛋 / 芝士)

Sandwich w/ any two choices

4. 特製熟狗配薯條 \$43

Special Hot Dog w/ French Fries

5. 火腿沙嗲牛肉包配薯條 \$43

Ham & Satay Beef Bun w/ French Fries

6. 銀龍豬扒包配薯條 \$44

Pork Chop Bun w/ French Fries

7. 雪山西多士 (花生醬餡) \$42

French Toast w/ Snow Sugar (Peanut Butter Stuffed)

8. 蔥油雞中翼腸仔撈公仔麵 \$46

Instant Noodle w/ Chicken Wings, Sausage in Scallion Oil

9. 吉列豬扒薯仔沙律 / 薯條 \$43

Pork Chop Cutlet w/ Potato Salad or French Fries

10. 生炸雞腩薯仔沙律 / 薯條 \$44

Fried Chicken Leg w/ Potato Salad or French Fries

11. 脆炸雞中翼薯條拼鴛鴦雲吞 (伴泰式雞醬) \$46

Fried Chicken Wings w/ French Fries & Deep Fried Assorted Wontons (w/ Spicy Sauce)

12. 火腿餐肉腸仔煎雙蛋 \$48

Ham, Luncheon Meat, Sausage & Double Fried Eggs w/ Rice

13. 咖喱豬扒火腿扒飯/意 \$48

Pork Chop & Ham Steak in Curry Sauce w/ Rice or Spaghetti

14. 菜遠豆腐火腿飯 \$49

Pork Belly, Tofu & Vegetable w/ Rice

15. 豉椒排骨飯 \$49

Spare Ribs in Black Bean Sauce w/ Rice

16. 時菜椒鹽肉排飯 \$49

Deep Fried Pork Chop in Salted & Pepper w/ Rice

17. 韭黃叉燒炒蛋飯 \$49

Stir-Fried BBQ Pork w/ Scrambled Egg & Yellow Chives w/ Rice

18. 豉汁涼瓜肉片飯 \$49

Stir-Fried Pork w/ Bitter Melon in Black Bean Sauce w/ Rice

19. 粟米滑蛋肉粒飯 \$49

Diced Pork w/ Rice in Sweet Corn & Scrambled Egg Sauce

20. 秘製黑醋骨飯 \$49

Balsamic Vinegar Pork Chop w/ Rice

21. 美極乾炒牛肉河粉 \$49

Stir-Fried Flat Rice Noodle w/ Beef in Soy Sauce

22. 乾炒豬扒意粉 \$49

Stir-Fried Spaghetti w/ Pork Chop

23. 鹹魚雞粒炒飯 \$49

Fried Rice w/ Conch in Fujian Style

24. 星洲炒米 \$49

Singapore Fried Vermicelli

25. XO醬金菇肥牛炒烏冬 \$49

Fried Udon w/ Beef & Mushroom in XO Sauce

26. 元貝福建炒飯 \$49

Fried Rice w/ Conch in Fujian Style

27. 芝士焗腸片肉醬飯/意 (牛肉) \$51

Baked Cheese, Sliced Sausage & Bolognaise (Beef) w/ Rice or Spaghetti

28. 鮮茄焗豬扒飯/意 \$51

Baked Pork Chop in Tomato Sauce w/ Rice or Spaghetti

銀龍豬扒包

Corned Beef / Ham